

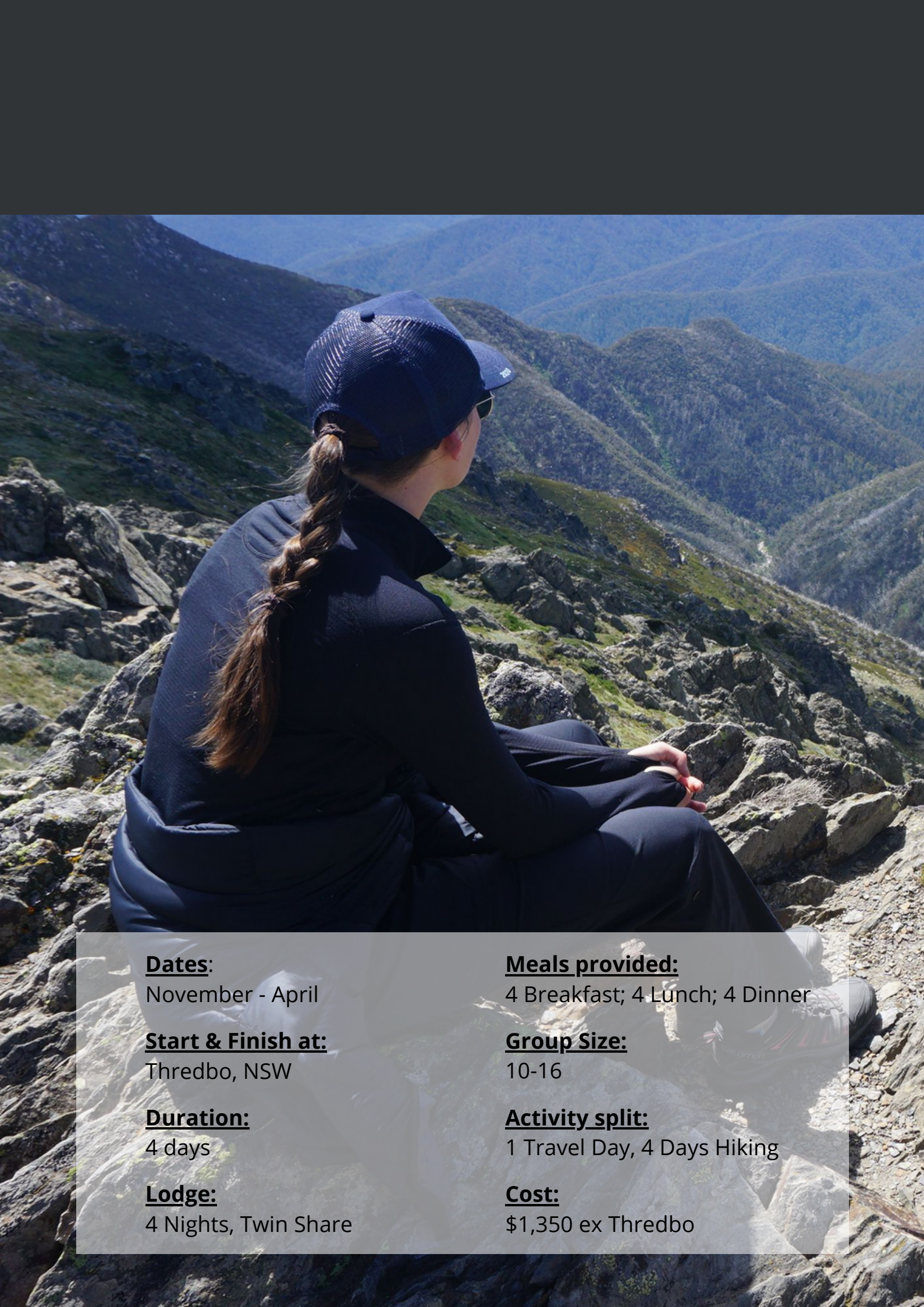
LEARNING &  
GROWING  
THROUGH  
ADVENTURE  
WITH PEAK  
LEARNING

# TEN PEAKS

---

## KOSCIUSZKO NP



**Dates:**

November - April

**Start & Finish at:**

Thredbo, NSW

**Duration:**

4 days

**Lodge:**

4 Nights, Twin Share

**Meals provided:**

4 Breakfast; 4 Lunch; 4 Dinner

**Group Size:**

10-16

**Activity split:**

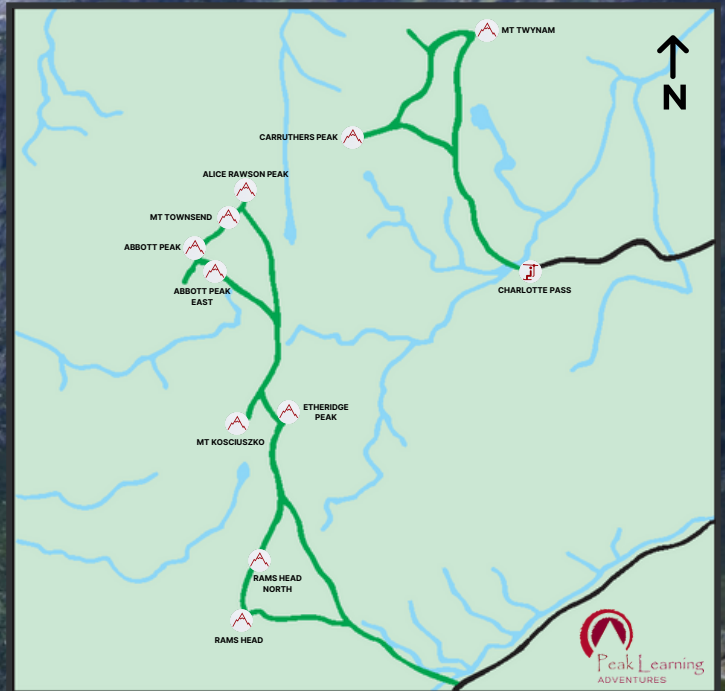
1 Travel Day, 4 Days Hiking

**Cost:**

\$1,350 ex Thredbo



# ADVENTURE FACTS



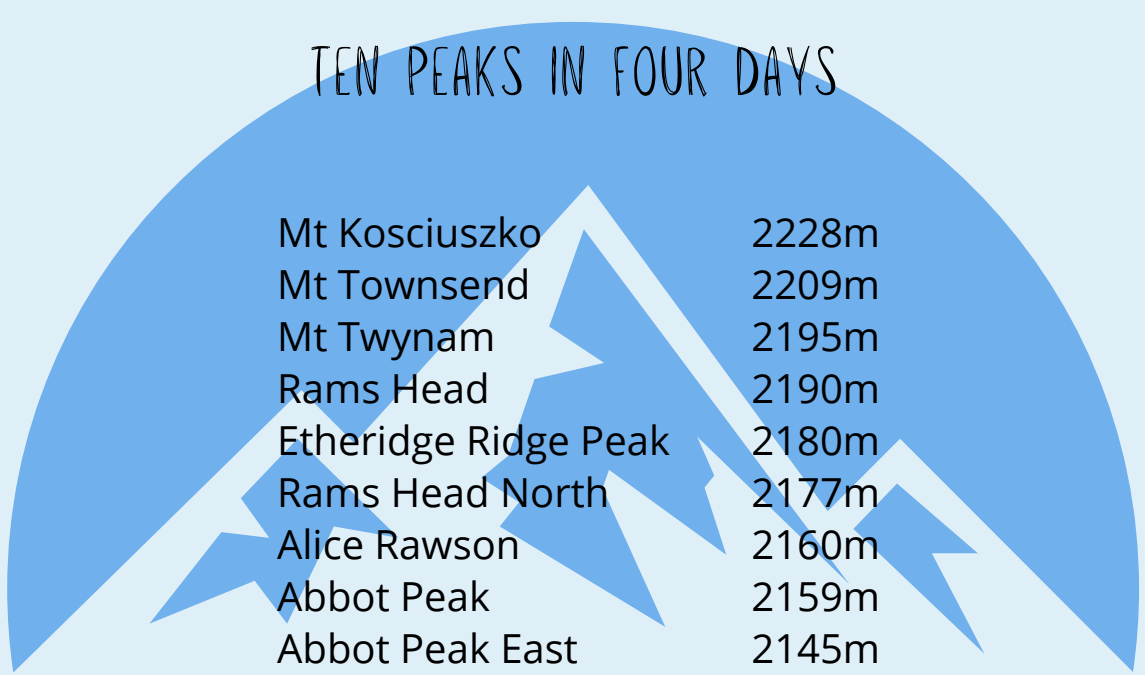




“PEAK LEARNING  
ADVENTURES INVITES  
YOU TO  
PARTICIPATE IN THE  
TOP TEN AUSSIE  
SUMMITS CHALLENGE  
IN AUSTRALIA'S HIGH  
COUNTRY.

CLIMB TEN OF  
AUSTRALIA'S  
HIGHEST PEAKS IN  
FOUR DAYS”

## TEN PEAKS IN FOUR DAYS



Mt Kosciuszko	2228m
Mt Townsend	2209m
Mt Twynam	2195m
Rams Head	2190m
Etheridge Ridge Peak	2180m
Rams Head North	2177m
Alice Rawson	2160m
Abbot Peak	2159m
Abbot Peak East	2145m
Carruthers Peak	2145m



# HIGHLIGHTS



Climb the ten highest peaks in Australia with Zac Zaharias, Matt Rogerson or Mike Edmondson, Australia's most experienced guides providing expert leadership, high levels of safety and intimate knowledge of Australia's high country.



Enjoy the comfort of a lodge-based trek in the heart of Thredbo with a warm shower at the end of each day and a relaxing drink or two.



Fully catered delicious fresh meals for breakfast and dinner and a packed lunch with snacks for the walk.



Stunning audio-visual presentation by one of our guides & celebratory dinner on last night at one of Thredbo's top restaurants.



Medical wilderness trained leader with 24hr phone access to advice from a Peak Learning Doctor.





The top ten Aussie Peaks Challenge is run in Australia's high country. Peak Learning Adventures is an Eco-Pass licenced tour operator in Kosciuszko & Blue Mountains National Parks.

The challenge is to complete all Ten Peaks over four days. We recommend a reasonable level of fitness. All ten peaks are over 2000 metres in altitude that have strong uphill elements at times. However, the trek is more endurance in nature (distance and time), rather than climbing high. The track is variable, from gravel to rough rocky roads, possible snowdrifts and snowgrass sections that require waterproof footwear with ankle support (i.e. boots). This trek is rated as moderate to hard.

Please note that while we aim to get all the participants to the summit of the Ten Peaks, this is not an exercise in misery, and if you are not feeling up to climbing all Ten Peaks there are opportunities to opt out at various times along the way. Please discuss any concerns and options you may like to take with the guide(s) at any time.

An outline of the four-day program is below, but note that we may amend this to take into account weather forecasts (e.g. we may extend one day to reduce walking on another day when poor weather is forecast).





# TEN PEAKS CHALLENGE

## ARRIVE

### Arrive at Ski Lodge

Settle in, welcome drinks & brief

### Mt Twynam & Carruthers Peak

Drive to Charlotte Pass

Trek distance 17.2km

DAY  
01

DAY  
02

### Mt Townsend, Alice Rawson, Abbot Peak, Abbot Peak East

This is our longest day and can  
take up to 11 hours.

Access via Thredbo chairlift

Trek distance 26.35km

### Mt Kosciuszko & Etheridge Peak

Access via Thredbo chairlift

Trek Distance 13.37km

DAY  
03

DAY  
04

### Rams Head, Rams Head North


This is our shortest day.

Access via Thredbo chairlift.

Trek distance 8.3km





A group of four hikers are posing on a rocky mountain peak. In the background, there is a vast, hazy mountain range under a clear blue sky. The hikers are dressed in outdoor gear, including hats, sunglasses, and athletic wear. One woman on the right is holding up a smartphone to take a photo. The foreground is filled with large, grey, mossy rocks.

“PEAK LEARNING ADVENTURES  
GUIDES LOVE THE NATURAL  
ENVIRONMENT, OUTDOOR  
EXPERIENCES AND GUIDING AND  
SHARING THOSE EXPERIENCES.”

“PEAK LEARNING ADVENTURES IS  
BUILT AROUND PROFESSIONAL  
GUIDES PROVIDING MEMORABLE  
OUTDOOR EXPERIENCES.”



# ABOUT US

## ABOUT PEAK LEARNING ADVENTURES

Peak Learning Adventures is a veteran owned and run small business focused on customised treks, tours and expeditions to the Himalayas, Papua New Guinea (PNG), South America, Africa and Australia.

The Himalayas has been our adventure playground for nearly 40 years. PNG is at Australia's doorstep and offers genuine wilderness trekking in a landscape free from modern intrusions. Many of our PNG treks are battlefield study tours of the major campaigns during the Pacific War, including the world-famous Kokoda Track. Other PNG treks and battlefield study tours include Shaggy Ridge, Mt Giluwe, Mount Victoria and East New Britain.

Director and Head Guide is Zac Zaharias, who served 46 years in the Australian Army including service as a UN Military Observer in Kashmir. He holds a Certificate IV in Outdoor Recreation. He is a highly experienced Expedition Leader and a veteran of over 100 expeditions and adventures worldwide including twenty one major expeditions to the Himalayas.

Peak Learning Adventures has an impeccable record for quality, safety, fun, adventure & learning. We have some of Australia's most experienced and qualified high-altitude climbers, guides and military historians.





## EVENING PROGRAM

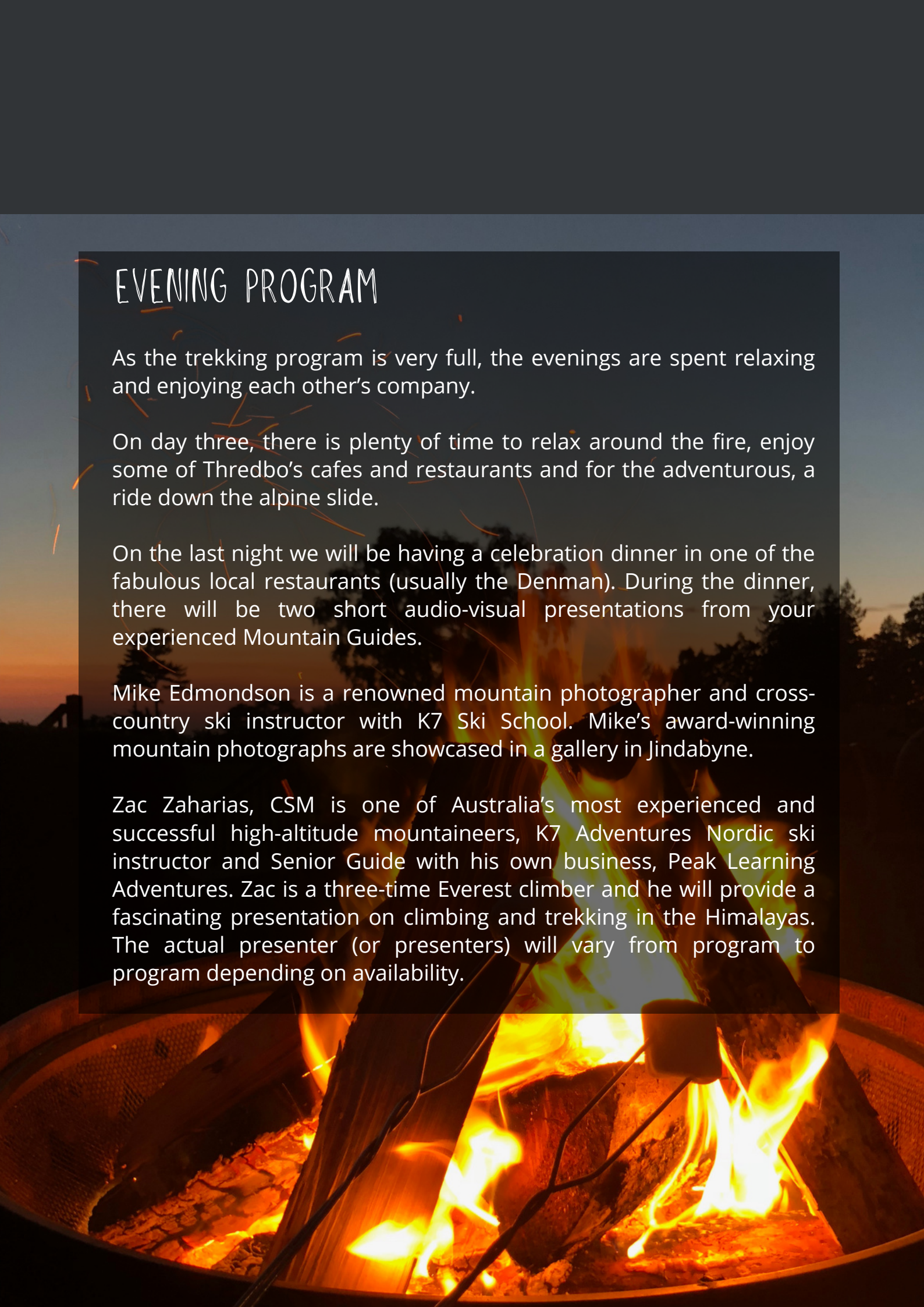
As the trekking program is very full, the evenings are spent relaxing and enjoying each other's company.

On day three, there is plenty of time to relax around the fire, enjoy some of Thredbo's cafes and restaurants and for the adventurous, a ride down the alpine slide.

On the last night we will be having a celebration dinner in one of the fabulous local restaurants (usually the Denman). During the dinner, there will be two short audio-visual presentations from your experienced Mountain Guides.

Mike Edmondson is a renowned mountain photographer and cross-country ski instructor with K7 Ski School. Mike's award-winning mountain photographs are showcased in a gallery in Jindabyne.

Zac Zaharias, CSM is one of Australia's most experienced and successful high-altitude mountaineers, K7 Adventures Nordic ski instructor and Senior Guide with his own business, Peak Learning Adventures. Zac is a three-time Everest climber and he will provide a fascinating presentation on climbing and trekking in the Himalayas. The actual presenter (or presenters) will vary from program to program depending on availability.



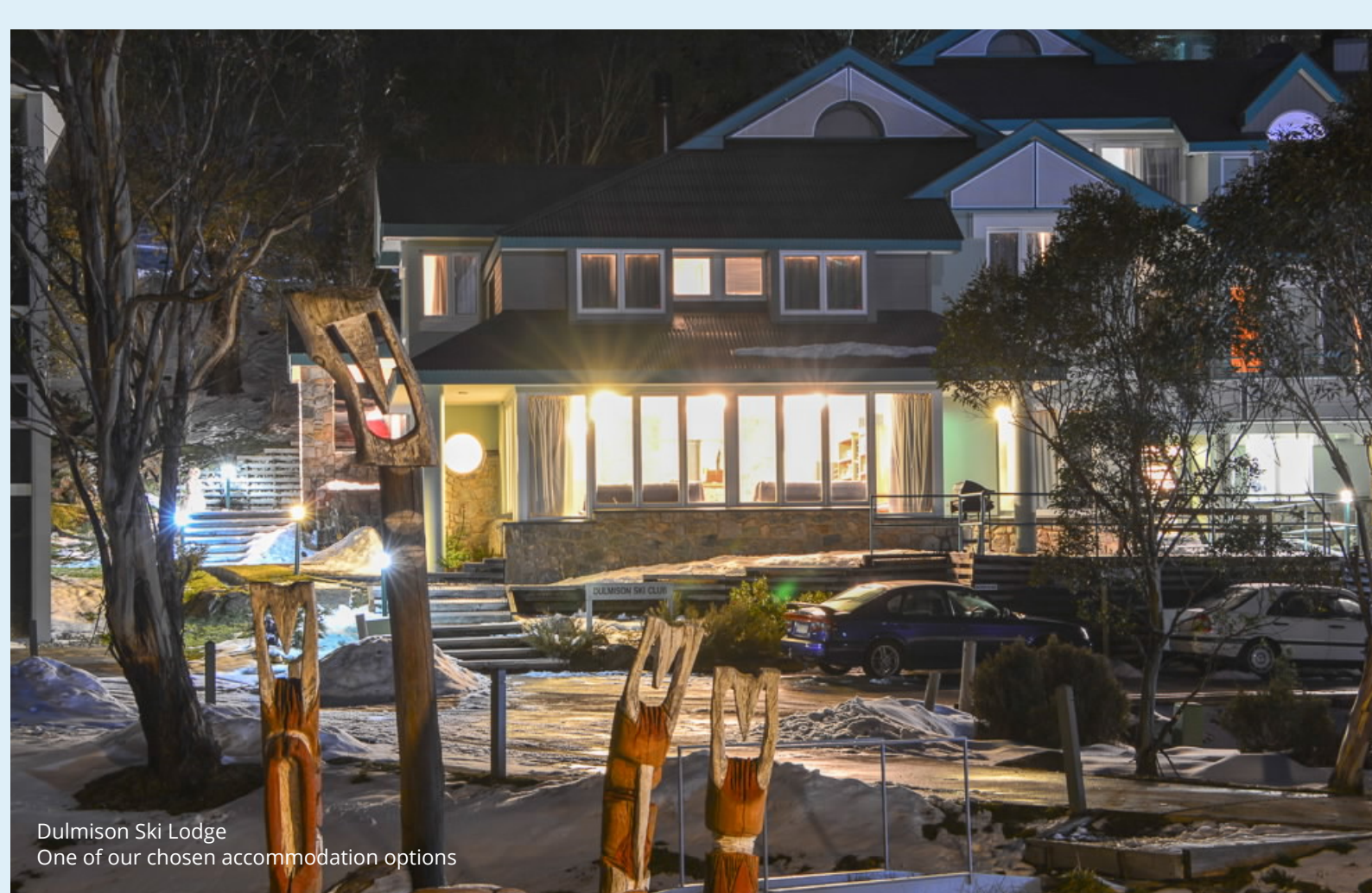


# ADDITIONAL INFORMATION

## ACCOMMODATION & MEALS

You will be staying at one of the ski lodges in Thredbo Village. The rooms are twin share with communal bathrooms. The lodge has communal laundry facilities with a washer and dryer and a separate drying room. Your booking includes all meals (dinners cooked by a local chef at the lodge; a hot breakfast and a packed lunch with snacks to nibble on during the day).

We are close to restaurants, the golf course and chairlift. Thredbo Village has a wonderful charm and is a great place to relax after a hard day's walk. There is a small supermarket, bakery and limited bottle shop in Thredbo, so it is advised that you bring your own alcoholic drinks that you require.



Dulmison Ski Lodge  
One of our chosen accommodation options



# INCLUSIONS

- Accommodation (twin-share)
- All meals (including the celebration dinner on the last night)
- National Park fees (but does not include Visitor/car entry pass)
- 3 x Chair-lift passes
- Full Guiding services
- Satellite phone coverage and rescue
- Full public liability insurance
- Mt Kosciuszko and Ten Peaks Achievement certificates

“THIS PACKAGE IS  
ALL INCLUSIVE.  
BRING YOUR OWN  
PERSONAL HIKING  
GEAR, BOOZE &  
BACKPACK &  
WE'LL LOOK  
AFTER THE REST”





# EXCLUSIONS

- Travel to and from Thredbo
- National Parks Visitor/Car Entry fees
- Alcoholic drinks, eating out
- Personal clothing and equipment

# BOOKING FORM

Click here to complete your 10 Peaks Challenge booking:

[Book Now](#)

For more info visit:

<https://peaklearning.com.au/kosciuszko/>





## ADDRESS

PO BOX 208  
Campbell ACT 2612

---

## PHONE

M: +61 402 286 257

P: 02 6257 2208

---

## WEB & EMAIL

W: [peaklearningadventures.com.au](http://peaklearningadventures.com.au)

E: [info@peaklearning.com.au](mailto:info@peaklearning.com.au)

